



All Saints Nursery School

Sun Safety Policy and Procedures

Date written: [November 2023](#)

Date of last update: [November 2023](#)

Date agreed and ratified by [Trustees, November 2023](#)

Date of next full review: [November 2024](#)

Sun Safety Policy and Procedures

All Saints Nursery School

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

There is potential for our nursery to help prevent skin cancer in future generations because:

- We can play a significant role in changing behaviours through role modelling and education from an early age
- Children and staff are at risk of sunburn within 10 to 15 minutes of being exposed to strong sunlight
- Skin cancer is largely preventable through behaviour modification and sun protection during early years

The main elements of this policy are:

- Partnership: working with parents/guardians, nursery staff and the wider community to reinforce awareness about sun safety and promote a healthy nursery
- Education: learning about sun safety to increase knowledge and influence behaviour
- Protection: providing an environment that enables an environment that enables children and staff to stay safe in the sun

Partnership

- Sun safety will be promoted through working with parents, staff and the wider community to improve our understanding and provision to avoid the harmful effects of too much exposure to ultraviolet light (UV)
- Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing, hat and sunscreen

Education

- Parents and guardian will be asked through letter/newsletters to support this policy by encouraging their children and act as role models
- Staff will regularly reinforce the sun safety message through story, role play and discussion

Protection

Shade:

- The nursery garden has shade provided by the outdoor cabin, trees, sails and we have temporary structures i.e. gazebos etc. for use during outdoor play

- Children will be encouraged to use the shaded areas during playtimes when appropriate

Clothing:

- The children will be encouraged to wear clothes that provide good sun protection and keep shoulders and back of neck and torso covered
- Children will be asked to wear a hat when the sun is strong and asked to play inside if they are unwilling to wear a hat
- Parents/Guardians will be informed of the importance to provide the nursery with appropriate sun hats and sunscreen before entry to nursery
- Parents will be asked on entry if the child has sunscreen on, if not they will be asked to apply sunscreen in the lobby before registering their child. The nursery will reapply sun protection as necessary throughout the day
- The nursery will provide spare appropriate sun hats and quality sunscreen on site at all times

Drinking Water:

- Children are encouraged to increase their water in hot water and are encouraged to drink water during outdoor playtimes.